

Four States QRP Group Second Sunday Sprint (SSS)

(revised 01/2018)

TIME/DATE:

The SSS is held the second Sunday night of every month. It runs for two (2) hours from 7 PM until 9 PM central time (CST or CDT, whichever is in effect at the time).

RULES:

Work stations once per band on 160-80-40-20-15-10 only. 80-40-20 are most popular.

CW and SB portions of a band are hereby considered separate bands (change for 2018). CW QSOs must be made in the CW portion of the band. Per FCC rules, SB QSOs need to be made in the sideband portion.

Suggested CW frequencies: Standard QRP calling freq. plus 7122kHz and 3564kHz.

Suggested SB frequencies: Standard SB QRP calling freq. especially 3985kHz, 7285kHz, and 14285kHz.

Exchange: RST, SPC (State/Prov./Country), 4SQRP member# (power if non-member)

QSO points: 2 points per QSO with a 4SQRP member; 1 point with a non-member. CW and sideband contacts count the same.

Who can participate: Only 4SQRP members, but QSOs with non-members count (1 point).

Mode/power: CW: 5 Watts or less; SB: 10 Watts PEP or less (change for 2018).

Calling CQ suggestion: "CQ 4S" (CW) or "CQ Four States" (SB).

REPORTING YOUR SCORE:

- 1) After the contest ends, certainly before the following Wednesday, go to "www.qrpcontest.com/4sqrp" and Click on "AUTOLOG reporting."
- 2) Enter your call in the space provided and click on "Search"
- 3) If you haven't made an entry for the current month, it will allow you to enter your data:
 - Name, email, QSOs with members and non-members, optional soapbox comments.
 - If you answer the security question correctly (email the contest chairman if you need help), it will accept your data.
 - You will receive an email with a URL to use if you need to correct anything.
- 4) If you have already made your entry for the month, you can only make changes using the URL that was sent (see above). Keep that URL until you are sure your score is correct.
- 5) Check back often to see how you compare with other entrants.
- 6) At the end of the month, the autolog database is zeroed, ready for the next month's contest. At that point, the scores are stored in archive and cannot be changed. At the end of the year, ALL scores are zeroed and everyone starts fresh for the coming year.

AWARDS:

Certificates are generated for the monthly highest score and the top three highest totals for the contest year (January through December). They will be emailed to the winners shortly after the results have been tallied.

MISC NOTES:

- 1) If you operate both CW and Sideband, remember to dial your power down to 5 Watts maximum when switching back to CW. Any inadvertent 10 Watt CW contacts cannot be counted in your score. However, there are no additional penalties or disqualifications for this mistake. This is a friendly contest!
- 2) When operating sideband, at 7:20pm and 8:20pm (central time), you may wish to call CQ or scan the vicinity of the sideband frequencies listed above. This is not a rule, just a suggestion. You can operate the entire two hour period on CW or Sideband (or some time of each), as you choose.

Questions? Send queries to: SecondSundaySprint@4SQRP.COM

